

Retreat with DR. NICOLE ROCCAS

DESPONDENCY AND GREAT LENT:

REDEEMING THE TIME THROUGH
HOPE, REPENTANCE, AND THANKSGIVING

April 5 & 6, 2019, Fri & Sat

Friday, April 5, 7:00 PM - 8:30 PM

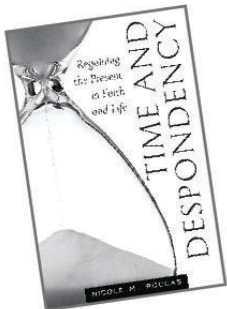
“Time, Despondency, and Great Lent”

Saturday, April 6, 9:00 AM - 12 PM

“Redeeming the Past: Remembering “Wasted Time”

Free Admission. Free will offerings welcome.

Dr. Nicole Roccas has been researching and writing about time from both a historical and theological perspective for nearly ten years. She is most well-known for her Ancient Faith blog and podcast, *Time Eternal*, the only online media forum devoted to the interface between Christian faith and the lived experience of time. Her book, *Time and Despondency: Regaining the Present in Faith and Life*, explores the connection between time and the spiritual sickness of despondency (akedia), first identified by Evagrius of Ponticus in the fourth century. In addition to writing and podcasting, Nicole is an adjunct faculty member at the Orthodox School of Theology at Trinity College (Toronto).



Dr. Nicole Roccas' book will be available for sale and Dr. Nicole will be available to sign your copy.

Questions? Contact Fr. Alessandro at fatheralessandro@gmail.com
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