



## ΠΑΣΧΑΛ ΗΟΥΡΑΣ

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us.

Amen. Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. Thrice.

Having beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only Sinless One. We worship Thy cross, O Christ, and Thy holy Resurrection we hymn and glorify; for Thou art our God, and we know none other beside Thee, and we call upon Thy name. O come, all ye faithful, let us worship Christ's holy Resurrection, for behold, through the Cross joy hath come to all the world. Ever blessing the Lord, we hymn His Resurrection; for, having endured crucifixion, He hath destroyed death by death.

*Hypakoe, Tone VIII:* Forestalling the dawn, the women came with Mary, and found the stone rolled away from the sepulcher, and heard from the angel: why seek ye among the dead, as though He were a mortal, Him Who liveth in everlasting light? Behold the grave-clothes. Go quickly and proclaim to the world that the Lord is risen and hath slain death. For He is the Son of God Who saveth mankind.

*Kontakion, Tone VIII:* Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of hades. And didst arise as victor, O Christ God, calling to the myrrh-bearing women: Rejoice! And giving peace unto Thine apostles: Thou Who dost grant resurrection to the fallen.

*Troparia, Tone VIII:* In the grave bodily, but in hades with Thy soul as God: in Paradise with the thief, and on the throne with the Father and the Spirit wast Thou Who fillest all things, O Christ the Inexpressible.

Glory to the Father and to the Son and to the Holy Spirit.

How life-giving, how much more beautiful than Paradise, and truly more resplendent than any royal palace was Thy tomb shown to be, O Christ, the source of our resurrection.

Now and ever, and unto the ages of ages. Amen.

O sanctified and divine tabernacle of the Most High, rejoice! For through thee, O Theotokos, joy is given to them that cry: Blessed art thou among women, O all-spotless Lady.

Lord, have mercy. *Forty times.*

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

More honorable than the Cherubim, and more glorious beyond compared than the Seraphim, without corruption thou gavest birth to God the Word, true Theotokos we magnify thee.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. *Thrice*

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us.

*In this manner, the Third and Sixth Hours are chanted before Liturgy. Likewise also before Vespers, for the Ninth Hour; and once for Compline. Likewise for the Midnight Office. It is a pious tradition to substitute the Paschal Hours for morning and evening prayers during all of Bright week. In this way, we take a little rest from long prayers, but do not neglect to give joyous thanks to God, so as not to fall into despondency and gluttony, as we partake of festive foods.*